

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 12:00 pm The Walk-In Counselling Clinic - Jewish Family Services	2 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Franc Succès - Vanier Community Services Centre 11:00 am Walk-In Clinic - Le Cap 1:00 pm Youth Wellness Hub for Youth - Walk-in Rockland 4:00 pm Youth Wellness Hub for parents and care givers - Walk-in Rockland 5:00 pm DBT Skills Family Group (English only) 6:00 pm Somali Youth Support	3 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 10:00 am Youth Wellness Hub for Youth - Walk-in Rockland 10:00 am Baby Love - Bethany Hope Centre 12:00 pm Walk-In Clinic - Youth Services Bureau 12:00 pm SMART Recovery 12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa	4 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 9:00 am Crossroads - Child & Family Clinic 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Youth Wellness Hub for Youth - Walk-in Hawkesbury 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Franc Succès - Vanier Community Services Centre 9:30 am L'éveil des tout-petits - Vanier Community Services Centre 11:00 am Drop in support - Children's mental health of Leeds & Grenville 12:00 pm Drop in	5 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 10:00 am Youth Wellness Hub for Youth - Walk-in Cornwall 10:00 am Nobody's Perfect - Bethany Hope Centre 11:00 am Youth Wellness Hub for Youth - Walk-in Rockland 11:30 am The Walk-In Counselling Clinic - Renfrew County 11:30 am E-walk-in Counselling Clinic	6 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Youth Wellness Hub for Youth - Walk-in Alexandria 9:00 am Youth Wellness Hub for Youth - Walk-in Alexandria 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa 4:00 pm Youth Drop In - Vanier Community Services Centre 4:30 pm Youth Drop	7 7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre 12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa 1:00 pm Around The Rainbow Art & Play Drop In Group - Family Services Ottawa

	Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	12:00 pm The Walk-In Counselling Clinic - Somerset West Community Centre  12:00 pm The Walk-In Counselling Clinic - South East Ottawa Community Centre  12:00 pm Youth Wellness Hub for Youth - Walk-in Cornwall  1:00 pm Drop In Support - Open Doors for Lanark Children & Youth  1:30 pm Buns in the Oven - Vanier Community Health Centre  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre  6:30 pm PFLAG Canada - Peer Support Meetings	support group - Équipe psychosociale pour enfants et adolescents francophones  12:00 pm Neighbourhood Health and Wellness Hubs - ACB Wellness Centre  12:00 pm The Walk-In Counselling Clinic - Centretown Community Health Centre  12:00 pm The Walk-In Counselling Clinic - Jewish Family Services  12:00 pm Youth Wellness Hub for Youth - Walk-in Cornwall  1:00 pm The Walk-In Counselling Clinic - North Renfrew Family Services  1:00 pm Neighbourhood Health and Wellness Hubs - Heatherington  1:00 pm Neighbourhood Health and Wellness Hubs - St. Laurent Overbrook  1:00 pm Support Groups - Open Doors for Lanark Children & Youth  3:00 pm Counselling Services - Vanier Community Service Centre  4:30 pm Untangle Your Anxiety (grade 7 to 12)  5:30 pm Dad's matter - Bethany Hope Centre  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	12:00 pm Crossroads - Child & Family Clinic  12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa  12:00 pm SMART Recovery  12:00 pm Walk-In Clinic - Youth Services Bureau  12:00 pm Neighbourhood Health and Wellness Hubs - Caldwell  12:00 pm The Walk-In Counselling Clinic - Renfrew County Collective (Arnprior Health Team)  12:15 pm Entre Filles - Vanier Community Health Centre  1:00 pm Youth Wellness Hub for parents and care givers - Walk-in Cornwall  1:00 pm The Walk-In Counselling Clinic - Inspire Community Support Services  1:30 pm The Walk-In Counselling Clinic - Nepean, Rideau & Osgoode Community Resource Centre  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre  6:00 pm Youth Drop Ins and Fall 2023 Groups - Youth Net  7:00 pm SMART Recovery for Families and Caregivers	in - Wabano Centre  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	
8  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	9  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	10  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	11  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	12  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	13  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre	14  7:00 am Creating Opportunities & Resources Against the Trafficking of Humans

12:00 pm The Walk-In Counselling Clinic - Jewish Family Services	9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Support Groups - Open Doors for Lanark Children & Youth 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 11:00 am Walk-In Clinic - Le Cap 1:00 pm Youth Wellness Hub for Youth - Walk-in Rockland 1:00 pm Drop In Support - Open Doors for Lanark Children & Youth 5:00 pm DBT Skills Family Group (English only) 6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Franc Succès - Vanier Community Services Centre 10:00 am Youth Wellness Hub for Youth - Walk-in Rockland 10:00 am Baby Love - Bethany Hope Centre 12:00 pm Walk-In Clinic - Youth Services Bureau 12:00 pm SMART Recovery 12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa 12:00 pm The Walk-In Counselling Clinic - South East Ottawa Community Centre 12:00 pm The Walk-In Counselling Clinic - Somerset West Community	9:00 am Crossroads - Child & Family Clinic 9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Youth Wellness Hub for Youth - Walk-in Embrun 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Youth Wellness Hub for Youth - Walk-in Hawkesbury 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:30 am L'éveil des tout-petits - Vanier Community Services Centre 11:00 am Drop in support - Children's mental health of Leeds & Grenville 12:00 pm Drop in support group - Équipe psychosociale pour enfants et adolescents francophones	9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Franc Succès - Vanier Community Services Centre 10:00 am Youth Wellness Hub for Youth - Walk-in Cornwall 10:00 am Nobody's Perfect - Bethany Hope Centre 11:00 am Youth Wellness Hub for Youth - Walk-in Rockland 11:30 am The Walk-In Counselling Clinic - Renfrew County 11:30 am E-walk-in Counselling Clinic 12:00 pm Crossroads - Child & Family Clinic 12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa 12:00 pm SMART Recovery	9:00 am Counselling Services - Vanier Community Service Centre 9:00 am Youth Wellness Hub for Youth - Walk-in Embrun 9:00 am Franc Succès - Vanier Community Services Centre 9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre 9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth 9:00 am School Based Counselling - Open Doors for Lanark Children & Youth 9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth 12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa 4:00 pm Youth Drop In - Vanier Community Services Centre 4:30 pm Youth Drop in - Wabano Centre 6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	(CORATH) - Roberts Smart Centre 12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa
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<p>15</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>12:00 pm The Walk-In Counselling Clinic - Jewish Family Services</p>	<p>16</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am Talk-In Single Sessions - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief Counselling Services - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am School Based Counselling - Open Doors for</p>	<p>17</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am School Based Counselling - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief Counselling Services - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Talk-In Single Sessions - Open Doors for</p>	<p>18</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Crossroads - Child &amp; Family Clinic</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am Talk-In Single Sessions - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief Counselling Services - Open Doors for Lanark Children &amp; Youth</p>	<p>19</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am School Based Counselling - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief Counselling Services - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Talk-In Single Sessions - Open Doors for</p>	<p>20</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am Youth Wellness Hub for Youth - Walk-in Alexandria</p> <p>9:00 am Youth Wellness Hub for Youth - Walk-in Alexandria</p> <p>9:00 am Early Learning and Parenting Workshops - Pinecrest</p>	<p>21</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa</p>

Lanark Children & Youth	Lanark Children & Youth	9:00 am School Based Counselling -	Lanark Children & Youth	Queensway Community Health Centre
9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre	9:00 am Franc Succès - Vanier Community Services Centre	Open Doors for Lanark Children & Youth	9:00 am Franc Succès - Vanier Community Services Centre	9:00 am Franc Succès - Vanier Community Services Centre
9:00 am Franc Succès - Vanier Community Services Centre	9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre	9:00 am Youth Wellness Hub for Youth - Walk-in Hawkesbury	9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre	9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth
11:00 am Walk-In Clinic - Le Cap	10:00 am Youth Wellness Hub for Youth - Walk-in Rockland	9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre	10:00 am Youth Wellness Hub for Youth - Walk-in Cornwall	9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth
1:00 pm Youth Wellness Hub for Youth - Walk-in Rockland	10:00 am Baby Love - Bethany Hope Centre	9:00 am Franc Succès - Vanier Community Services Centre	10:00 am Nobody's Perfect - Bethany Hope Centre	9:00 am School Based Counselling - Open Doors for Lanark Children & Youth
4:00 pm Youth Wellness Hub for parents and care givers - Walk-in Rockland	12:00 pm Walk-In Clinic - Youth Services Bureau	9:30 am L'éveil des tout-petits - Vanier Community Services Centre	11:00 am Youth Wellness Hub for Youth - Walk-in Rockland	12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa
6:00 pm Somali	12:00 pm SMART Recovery	11:00 am Drop in	11:30 am The Walk-	4:00 pm Youth Drop



12:00 pm The Walk-In Counselling Clinic - Jewish Family Services	9:00 am Counselling Services - Vanier Community Service Centre  9:00 am Support Groups - Open Doors for Lanark Children & Youth  9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth  9:00 am School Based Counselling - Open Doors for Lanark Children & Youth  9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth  9:00 am Franc Succès - Vanier Community Services Centre  9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre  11:00 am Walk-In Clinic - Le Cap  1:00 pm Youth Wellness Hub for Youth - Walk-in Rockland  1:00 pm Drop In Support - Open Doors for Lanark Children & Youth  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	9:00 am Counselling Services - Vanier Community Service Centre  9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth  9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth  9:00 am School Based Counselling - Open Doors for Lanark Children & Youth  9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre  9:00 am Franc Succès - Vanier Community Services Centre  10:00 am Youth Wellness Hub for Youth - Walk-in Rockland  10:00 am Baby Love - Bethany Hope Centre  12:00 pm Walk-In Clinic - Youth Services Bureau  12:00 pm SMART Recovery  12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa  12:00 pm The Walk-In Counselling Clinic - South East Ottawa Community Centre  12:00 pm The Walk-In Counselling Clinic - Somerset West Community	9:00 am Crossroads - Child & Family Clinic  9:00 am Counselling Services - Vanier Community Service Centre  9:00 am Youth Wellness Hub for Youth - Walk-in Embrun  9:00 am Franc Succès - Vanier Community Services Centre  9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre  9:00 am Youth Wellness Hub for Youth - Walk-in Hawkesbury  9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth  9:00 am School Based Counselling - Open Doors for Lanark Children & Youth  9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth  9:30 am L'éveil des tout-petits - Vanier Community Services Centre  11:00 am Drop in support - Children's mental health of Leeds & Grenville  12:00 pm Drop in support group - Équipe psychosociale pour enfants et adolescents francophones	9:00 am Counselling Services - Vanier Community Service Centre  9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth  9:00 am School Based Counselling - Open Doors for Lanark Children & Youth  9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth  9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre  9:00 am Franc Succès - Vanier Community Services Centre  10:00 am Youth Wellness Hub for Youth - Walk-in Cornwall  10:00 am Nobody's Perfect - Bethany Hope Centre  11:00 am Youth Wellness Hub for Youth - Walk-in Rockland  11:30 am The Walk-In Counselling Clinic - Renfrew County  11:30 am E-walk-in Counselling Clinic  12:00 pm Crossroads - Child & Family Clinic  12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa  12:00 pm SMART Recovery	9:00 am Counselling Services - Vanier Community Service Centre  9:00 am Youth Wellness Hub for Youth - Walk-in Embrun  9:00 am Franc Succès - Vanier Community Services Centre  9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre  9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth  9:00 am School Based Counselling - Open Doors for Lanark Children & Youth  9:00 am Brief Counselling Services - Open Doors for Lanark Children & Youth  12:00 pm The Walk-In Counselling Clinic - CFS/SFC Ottawa  4:00 pm Youth Drop In - Vanier Community Services Centre  4:30 pm Youth Drop in - Wabano Centre  6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	(CORATH) - Roberts Smart Centre  12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa
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		<p>Centre</p> <p>12:00 pm Youth Wellness Hub for Youth - Walk-in Cornwall</p> <p>1:30 pm Buns in the Oven - Vanier Community Health Centre</p> <p>4:00 pm LGBTQ2S Support Group - Open Doors for Lanark Children &amp; Youth</p> <p>6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre</p> <p>6:30 pm Drop in Support group for parents - PLEO (ADHD focus)</p> <p>6:30 pm Coping with Grief - ages 8 to 12</p>	<p>12:00 pm The Walk-In Counselling Clinic - Jewish Family Services</p> <p>12:00 pm The Walk-In Counselling Clinic - Centretown Community Health Centre</p> <p>12:00 pm Youth Wellness Hub for Youth - Walk-in Cornwall</p> <p>1:00 pm The Walk-In Counselling Clinic - North Renfrew Family Services</p> <p>1:00 pm Neighbourhood Health and Wellness Hubs - Heatherington</p> <p>1:00 pm Neighbourhood Health and Wellness Hubs - Pinecrest Queensway Community Health Centre</p> <p>3:00 pm Counselling Services - Vanier Community Service Centre</p> <p>5:30 pm Dad's matter - Bethany Hope Centre</p> <p>6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre</p> <p>6:30 pm Drop in Support group for parents - PLEO</p> <p>7:00 pm PFLAG Canada - Peer Support Meetings</p>	<p>12:00 pm Walk-In Clinic - Youth Services Bureau</p> <p>12:00 pm The Walk-In Counselling Clinic - Renfrew County Collective (Arnprior Health Team)</p> <p>12:15 pm Entre Filles - Vanier Community Health Centre</p> <p>1:00 pm The Walk-In Counselling Clinic - Inspire Community Support Services</p> <p>1:30 pm The Walk-In Counselling Clinic - Nepean, Rideau &amp; Osgoode Community Resource Centre</p> <p>6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre</p> <p>7:00 pm SMART Recovery for Families and Caregivers</p>		
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<p>29</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>12:00 pm The Walk-In Counselling Clinic - Jewish Family Services</p>	<p>30</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am Talk-In Single Sessions - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief</p>	<p>31</p> <p>7:00 am Creating Opportunities &amp; Resources Against the Trafficking of Humans (CORATH) - Roberts Smart Centre</p> <p>9:00 am Counselling Services - Vanier Community Service Centre</p> <p>9:00 am School Based Counselling - Open Doors for Lanark Children &amp; Youth</p> <p>9:00 am Brief</p>				
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Counselling Services - Open Doors for Lanark Children & Youth	Counselling Services - Open Doors for Lanark Children & Youth
9:00 am School Based Counselling - Open Doors for Lanark Children & Youth	9:00 am Talk-In Single Sessions - Open Doors for Lanark Children & Youth
9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre	9:00 am Franc Succès - Vanier Community Services Centre
9:00 am Franc Succès - Vanier Community Services Centre	9:00 am Early Learning and Parenting Workshops - Pinecrest Queensway Community Health Centre
11:00 am Walk-In Clinic - Le Cap	10:00 am Youth Wellness Hub for Youth - Walk-in Rockland
1:00 pm Youth Wellness Hub for Youth - Walk-in Rockland	10:00 am Baby Love - Bethany Hope Centre
4:00 pm Youth Wellness Hub for parents and caregivers - Walk-in Rockland	12:00 pm Walk-In Clinic - Youth Services Bureau
6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre	12:00 pm SMART Recovery
6:00 pm Around the Rainbow - Transcend Youth Group - Family Services Ottawa	12:00 pm The Walk-In Counselling Clinic - Family Services Ottawa
	12:00 pm The Walk-In Counselling Clinic - Somerset West Community Centre
	12:00 pm The Walk-In Counselling Clinic - South East Ottawa Community Centre
	12:00 pm Youth Wellness Hub for Youth - Walk-in Cornwall
	1:00 pm Drop In Support - Open Doors for Lanark Children & Youth
	1:30 pm Buns in the Oven - Vanier Community Health Centre
	6:00 pm Somali Youth Support Project and Somali Parent Supports - Pinecrest Queensway Community Health Centre
	6:30 pm Coping with Grief - ages 13

