Mental Health, Addiction, Substance Use Health and Neurodevelopmental Health Calendar

Generated May 17, 2024

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Child & Family Clinic 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Circle of Security	2 12:00 Child & Family Clinic 12:00 Youth Services Bureau Walk-In Clinic 12:00 Youth Services Bureau Walk-In Clinic 3:00 Virtual groups for parents 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 5:30 Social Skills Group for kids (9 to 11 years)	3 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8	4
5 9:00 Self-Regulation Sundays 10:00 Social Club	6 9:00 May youth wellness hubs 9:00 May youth wellness hubs 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8	 7 9:00 May youth wellness hubs 9:00 May youth wellness hubs 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Pens and paints at youth net (English) 6:30 PFLAG Canada - Peer Support Meetings 6:30 Parenting with confidence 	 8 9:00 Child & Family Clinic 9:00 May youth wellness hubs 9:00 May youth wellness hubs 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Circle of Security 	9 9:00 May youth wellness hubs 9:00 May youth wellness hubs 9:30 Beyond the Baby Blues 12:00 Child & Family Clinic 12:00 Youth Services Bureau Walk-In Clinic 12:00 Youth Services Bureau Walk-In Clinic 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 5:30 Social Skills Group for kids (9 to 11 years)	10 9:00 May youth wellness hubs 9:00 May youth wellness hubs 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8	11
12 9:00 Self-Regulation Sundays	13 9:00 May youth wellness hubs 9:00 May youth	14 9:00 May youth wellness hubs 9:00 May youth	15 9:00 Child & Family Clinic 9:00 May youth	16 9:00 May youth wellness hubs 9:00 May youth	17 9:00 May youth wellness hubs 9:00 May youth	18

	wellness hubs	wellness hubs	wellness hubs	wellness hubs	wellness hubs	
	wellness hubs 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8	 wellness hubs 10:00 Role play to the rescue: developing caregivers' skills in EFFT 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Pens and paints at youth net (English) 6:30 Parenting with confidence 	 9:00 May youth wellness hubs 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 4:30 Pens and paints with CRC Rideau-Rockliffe 4:30 Pens and paints with CRC Rideau-Rockliffe 6:00 2SLGBTQI+Support group for children aged 10 to 12 	 wellness hubs 9:00 Calendar of events - Équipe Psycho-sociale 9:30 Beyond the Baby Blues 12:00 Child & Family Clinic 12:00 Youth Services Bureau Walk-In Clinic 12:00 Youth Services Bureau Walk-In Clinic 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 	wellness hubs 9:00 Calendar of events - Équipe Psycho-sociale 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8	
			6:00 Circle of Security	to 8		
19 9:00 Self-Regulation	20 9:00 May youth	21 9:00 May youth	22 9:00 Child & Family	23 9:00 4 Practical	24 9:00 May youth	25 9:00 Camp -
Sundays	wellness hubs 9:00 May youth wellness hubs	wellness hubs 9:00 May youth wellness hubs	Clinic 9:00 May youth wellness hubs	Ways to support your loved one's mental health (EFFT Workshop)	wellness hubs 9:00 May youth wellness hubs	Bereaved Families of Ontario - South Eastern
	9:00 Calendar of events - Équipe Psycho-sociale 3:00 Virtual groups	Events - Équipe Psycho-socialeevents - Équipe Psycho-sociale2:00 Virtual groups for parents3:00 Therapeutic Groups for children and youth3:00 Therapeutic Groups for children ind youth3:00 Virtual groups for parents4:00 Cool Kids - grades 3 to 5 and 64:00 Cool Kids - grades 3 to 5 and 6	9:00 May youth wellness hubs 9:00 Calendar of events - Équipe	9:00 May youth wellness hubs 9:00 May youth wellness hubs	 9:00 4 Practical Ways to support your loved one's mental health (EFFT Workshop) 9:00 Calendar of events - Équipe Psycho-sociale 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 	Region
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	grades 3 to 5 and 6 to 8			9:30 Beyond the Baby Blues 12:00 Child & Family Clinic		
				12:00 Youth Services Bureau Walk-In Clinic		
		confidence		12:00 Youth Services Bureau Walk-In Clinic 3:00 Therapeutic		
			6:30 Positive discipline	Groups for children and youth		
			6:30 Positive discipline	3:00 Virtual groupsfor parents4:00 Cool Kids -		
				grades 3 to 5 and 6 to 8 5:30 The Bruch		
				Bunch Junior		
26 9:00 Camp	27 9:00 May youth	28 9:00 May youth	29 9:00 May youth	30 9:00 Calendar of	31 9:00 May youth	
9:00 Camp - Bereaved Families of Ontario - South	9:00 May youth wellness hubs 9:00 May youth	9:00 May youth wellness hubs 9:00 May youth	9:00 May youth wellness hubs 9:00 May youth	9:00 Calendar of events - Équipe Psycho-sociale	9:00 May youth wellness hubs 9:00 May youth	
Eastern Region	wellness hubs	wellness hubs	wellness hubs	9:00 May youth	wellness hubs	

	Sundays	 9:00 Calendar of events - Équipe Psycho-sociale 10:00 Baby Steps 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 	 9:00 Calendar of events - Équipe Psycho-sociale 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Pens and paints at youth net (English) 	 9:00 Child & Family Clinic 9:00 Calendar of events - Équipe Psycho-sociale 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 6:00 Circle of Security 6:00 2SLGBTQI+ Support group for children aged 10 to 12 	 9:00 May youth wellness hubs 9:30 Beyond the Baby Blues 12:00 Child & Family Clinic 12:00 Youth Services Bureau Walk-In Clinic 12:00 Youth Services Bureau Walk-In Clinic 3:00 Youth Services Bureau Walk-In Clinic 3:00 Virtual groups for parents 3:00 Therapeutic Groups for children and youth 4:00 Cool Kids - grades 3 to 5 and 6 to 8 	 9:00 Calendar of events - Équipe Psycho-sociale 3:00 Therapeutic Groups for children and youth 3:00 Virtual groups for parents 4:00 Cool Kids - grades 3 to 5 and 6 to 8 		
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https://calendar.kidscomefirst.ca