

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 4:00 pm Parenting Group on Supporting Emotional Wellbeing & Self-regulation for Children Ages 4 - 6	2 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	3 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	4 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	5
6	7 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 1:30 pm Untangle Your Anxiety	8 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 9:30 am Nature Walks for Neurodivergent young adults 4:00 pm Parenting Group on Supporting Emotional Wellbeing & Self-regulation for Children Ages 4 - 6	9 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 3:00 pm Pens and paints - grade 7 to 12	10 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 3:00 pm Youth space - bilingual	11 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	12
13	14 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 10:00 am Teen Social Club 1:30 pm Untangle Your Anxiety	15 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 10:00 am Teen Social Club 3:00 pm Kids Space 4:00 pm Parenting Group on Supporting Emotional Wellbeing & Self-regulation for Children Ages 4 - 6	16 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 10:00 am Teen Social Club 3:00 pm Pens and paints - grade 7 to 12	17 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 10:00 am Teen Social Club	18 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 10:00 am Teen Social Club	19
20	21 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 1:30 pm Untangle Your Anxiety	22 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 9:30 am Nature Walks for	23 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 3:00 pm Pens and paints - grade 7 to	24 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	25 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations	26

		Neurodivergent young adults 4:00 pm Parenting Group on Supporting Emotional Wellbeing & Self-regulation for Children Ages 4 - 6	12			
27	28 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 1:30 pm Untangle Your Anxiety	29 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 3:00 pm Kids Space 4:00 pm Parenting Group on Supporting Emotional Wellbeing & Self-regulation for Children Ages 4 - 6	30 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations 3:00 pm Pens and paints - grade 7 to 12	31 9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations		

<https://calendar.kidscomefirst.ca>