

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>2</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>
<p>3</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>4</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Single sessions - Talk in services</p> <p>10:00 am Brief Counselling Services</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>5</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Single sessions - Talk in services</p> <p>10:00 am Circle of Security Parenting group</p> <p>10:00 am Brief Counselling Services</p> <p>5:30 pm Circle of Security Parenting group</p> <p>6:00 pm Pens and Paint</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p> <p>6:30 pm Drop in Renfrew County Parent support group (Pembroke, Ontario)</p>	<p>6</p> <p>9:00 am Child &amp; Family Clinic</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Single sessions - Talk in services</p> <p>10:00 am Brief Counselling Services</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>7</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Single sessions - Talk in services</p> <p>10:00 am Brief Counselling Services</p> <p>12:00 pm Child &amp; Family Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>8</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>9</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>
<p>10</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>11</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>12</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Circle of Security Parenting group</p> <p>5:30 pm Circle of Security Parenting group</p> <p>6:00 pm Pens and Paint</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>13</p> <p>9:00 am Child &amp; Family Clinic</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>14</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>12:00 pm Child &amp; Family Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>15</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>16</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>

<p>17</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>18</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>19</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Circle of Security Parenting group</p> <p>5:30 pm Circle of Security Parenting group</p> <p>6:00 pm Pens and Paint</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>20</p> <p>9:00 am Child &amp; Family Clinic</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>21</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>12:00 pm Child &amp; Family Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p> <p>6:30 pm Drop in Rural Ottawa Parent support group (Manotick, Ontario)</p>	<p>22</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>23</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>
<p>24</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>25</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>26</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>10:00 am Circle of Security Parenting group</p> <p>5:30 pm Circle of Security Parenting group</p> <p>6:00 pm Pens and Paint</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>27</p> <p>9:00 am Child &amp; Family Clinic</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>28</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>12:00 pm Child &amp; Family Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>12:00 pm Youth Services Bureau Walk-In Clinic</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	<p>29</p> <p>9:00 am PLEO Family Peer Supporters - various Eastern Ontario locations</p> <p>6:30 pm Drop-In VIRTUAL parent support groups</p>	